



UNIVERSITY OF
APPLIED SCIENCES IN NYSA

Erasmus+ Guide for Incoming Students 2023/2024

International Cooperation Office: ico@pans.nysa.pl

A vertical photograph on the left side of the slide shows a person's arm and hand writing in a white notebook with a red pen. The notebook is resting on a red surface, and the background is a dark wooden table.

Perfect location for International students

What makes us special?

- Modern facilities and laboratory equipment that conforms to the higher standards
- Well-organized infrastructure including e-services for the students
- Broad educational and non-educational offer
- Lectures and classes conducted by first-rate staff from Poland and abroad
- Excellent practical preparation of graduates
- 5 Additional Competence Programmes
- A variety of scientific disciplines in teaching and research
- International environment, programmes and projects
- Erasmus+ Programme, Double Diploma programmes and other scholarships
- Complex support for foreign students
- Safety of studying and living in Nysa

*The structure of the University:
Departments: Technical, Medical,
Health,Economical, Social
Sciences, Jazz, Neophilology*

How to apply?

- **Admission Requirements**

Erasmus students applying for a given study period at the University of Applied Sciences in Nysa are requested to send the following documents to International Cooperation Office via e-mail: bwm@pans.nysa.pl

- **Application form-**

KA131 students: [Erasmus + | Formularze zgłoszeniowe \(pans.nysa.pl\)](#)

KA171 students: <https://forms.gle/JQt4DHokrMd4ACVe6>

After you fill the form, it will be automatically received by our office

- **Learning Agreement (Before Mobility part)**

You should have at least 20 ECTS in table B

Table B can't have less ECTS than table A

Link to COURSE CATALOGUE (blue box on the left): <http://www.pans.nysa.pl/index.php?p=25>

- **Transcript of records- TOR (from home University)**

The document is a list of course units taken; the exams you have passed and the credits gained

- **Scan of ID/ Passport with valid visa**

Visa can be send later, but before arrival to Nysa

- **Copy of the certificate of health insurance**

You can send the document later, but before arrival to Nysa

- **English Language certificate (at least B2)**

It can be issued by: certified language centres; language schools; language lecturers from Home University

- **Electronic photo**

PDF or JPG format; we will use the photo for the student card

Application deadline:

Fall semester- 15/06/2023

Spring semester- 15/11/2023

Changes to learning agreement

Learning Agreement (During Mobility part)

- You have 2 weeks after your classes started to modify your LA.
1. You need to inform our office (via e-mail) about your planned changes, you need to ask your home coordinator for permission to make them.
 2. Fill the During Mobility Form and send us the editable form of the document.
 3. After our confirmation, send the document to your home coordinator and ask for a signature.
 4. Send us signed scan, next you and your coordinator from Nysa will sign it at our office .

Table A: Polish Courses

Table B: Home University Courses (ECTS Recognition)

Student	Last name(s)	First name(s)	Date of birth	Nationality ¹	Sex (M/F)	Study cycle ¹	Field of education ¹
Sending Institution	Name	Faculty/Department	Erasmus code ² (if applicable)	Address	Country	Contact person name ³ ; email; phone	
Receiving Institution	Name	Faculty/Department	Erasmus code (if applicable)	Address	Country	Contact person name; email; phone	
	University of Applied Sciences in Nysa	International Cooperation Office	PL NYSATC	Chłobucka 10a/10b, 46-100 Nysa, Poland	Poland PL	Anna Górska an.gorska@pwrn.nysa.pl tel: +48 77 469 08 52	

During the Mobility

Exceptional changes to Table A						
<small>(to be approved by e-mail or signature by the student, the responsible person in the Sending Institution and the responsible person in the Receiving Institution)</small>						
Table A2: During the mobility	Component code (if any)	Component title at the Receiving Institution (as indicated in the course catalogue)	Deleted component (tick if applicable)	Added component (tick if applicable)	Reason for change ⁴	Number of ECTS credits (or equivalent)
			<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>		
						Deleted: ECTS Added: ECT Total

Exceptional changes to Table B (if applicable)					
<small>(to be approved by e-mail or signature by the student and the responsible person in the Sending Institution)</small>					
Table B2: During the mobility	Component code (if any)	Component title at the Sending Institution (as indicated in the course catalogue)	Deleted component (tick if applicable)	Added component (tick if applicable)	Number of ECTS credits (or equivalent)
			<input type="checkbox"/>	<input type="checkbox"/>	
			<input type="checkbox"/>	<input type="checkbox"/>	
					Deleted: ECTS Added: ECT Total

Commitment					
<small>By signing this document, the student, the Sending Institution and the Receiving Institution confirm that they approve the Learning Agreement and that they will comply with all the arrangements agreed by all parties. Sending and Receiving Institutions undertake to apply all the principles of the Erasmus Charter for Higher Education relating to mobility for students (as the principles agreed in the Inter-institutional Agreement for Institutions located in Partner Countries). The Sending Institution and the student should also commit to what is set out in the Erasmus grant agreement. The Receiving Institution confirms that the educational components listed in Table A are in line with its course catalogue and should be available to the student. The Sending Institution commits to recognise all the credits gained at the Receiving Institution for the successfully completed educational components and to count them towards the student's degree as described in Table B. Any exceptions to this rule are documented in an annex of this Learning Agreement and agreed by all parties. The student and the Receiving Institution will communicate to the Sending Institution any problems or changes regarding the study programme, responsible persons and/or study period.</small>					
Commitment	Name	Email	Position	Date	Signature
Student			Student		
Responsible person ⁵ at the Sending Institution			Departmental Erasmus Coordinator		
Responsible person at the Receiving Institution ⁶			Departmental Coordinator		



How to get to Nysa and Dormitory

- ***Few options you can consider to get to Nysa:***

1. The nearest airport is Wrocław Copernicus Airport. Direct trains available from Wrocław Główny (train station) to Nysa Train station.
2. Flixbus – If you are travelling from a country close to Poland, there are direct and connecting buses available to Nysa.

Look for the best and easiest way possible from your location

Dormitory address –

Kościuszki 2
48-300 Nysa
tel. +48 77 4331305

<https://arc.pans.nysa.pl/index.php?p=25,217,0,0,-1,419>

Dormitory

Each room is for two people and has free access to the internet. In the dormitory you can find two study rooms, computer room, TV room, tennis table, three kitchens and a laundry room.

The price is 420 PLN (~90 Euro) per month

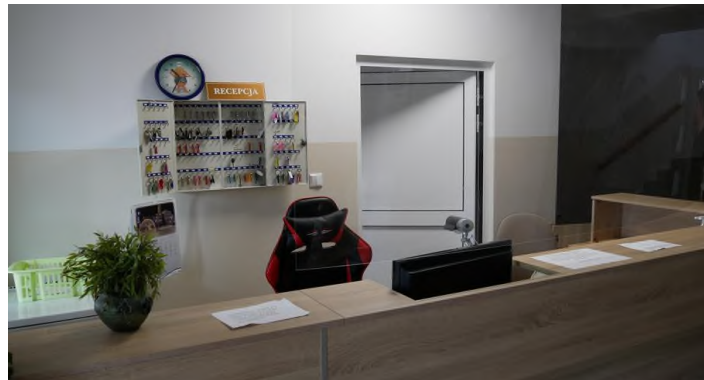
***Please note*:**

Erasmus+ students coming to Nysa will be accommodated at the University Dormitory. Nevertheless, the number of places is limited and priority will be given to the students who sent all required application documents as the first ones, according to the rule “first come, first served”.

It is necessary for Erasmus+ students to pay a security deposit (200PLN) after their arrival, which will be refunded before their departure if there is no damage done to your room.

If the number of rooms won't be enough for all of the students, International Cooperation Office offers help in finding the accommodation in private dormitories located in Nysa.

In case of any questions concerning accommodation, please contact International Cooperation Office: bwm@pans.nysa.pl



International Cooperation Office

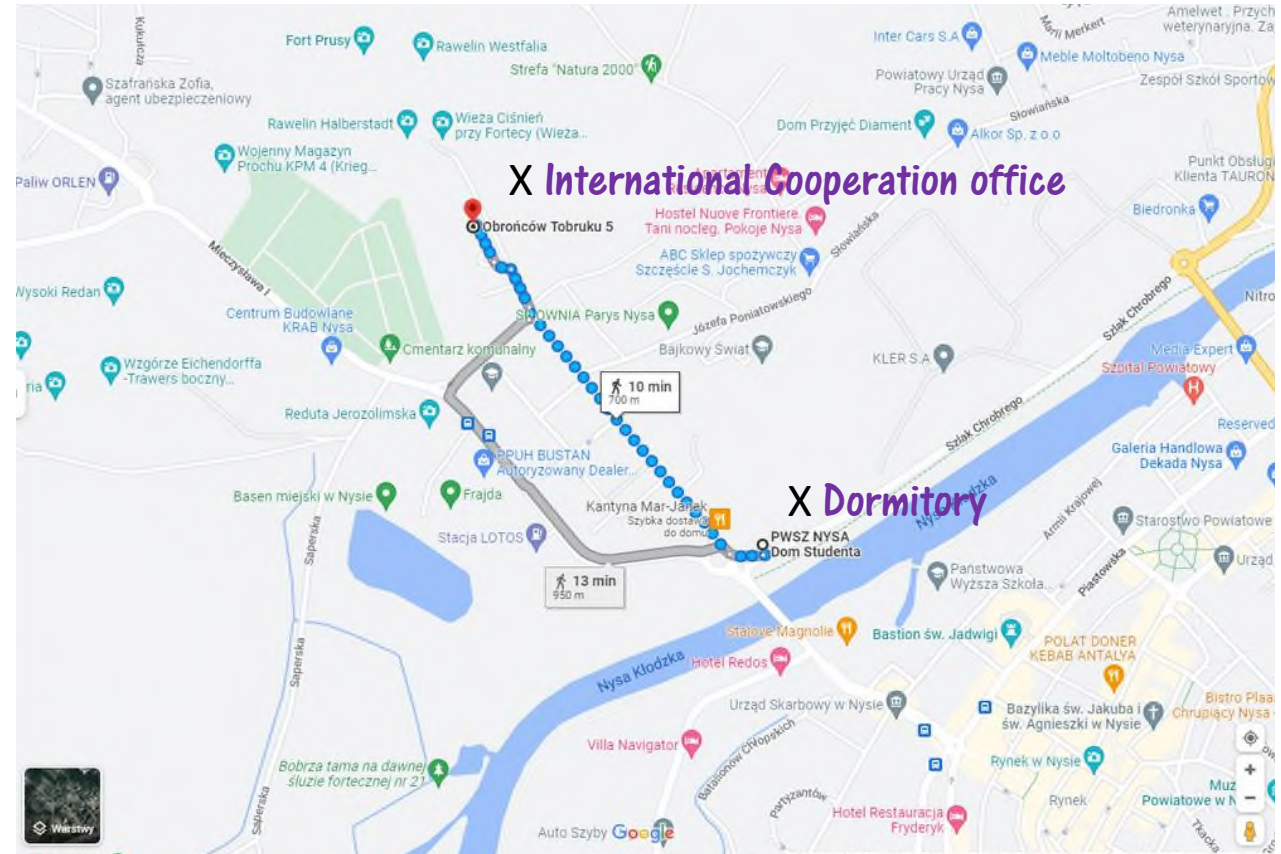
- **Address:** ul. Obrońców Tobruku 5; 48-300 Nysa; room number 2
- bwm@pans.nysa.pl
- whatsapp: +48 78 379 0100 ; +48 77 409 1687
- Facebook: <https://www.facebook.com/bwm.nysa/>
- Office working hours: Monday - Friday 7:30-15:30

Remember that after your arrival to Nysa and checking in at the dormitory,

you need to visit our office to register you officially

(your visit at the office is treated as the first day at the University,

This date will be written in the confirmation of stay/arrival certificate).



Academic Calendar 2023/2024

FALL SEMESTER: 01.10.2023 – 28.01.2024

Winter holidays: 21.12.2023 – 02.01.2024

Winter exam session: 29.01.2024 – 11.02.2024

End of the semester: **16.02.2024**

SPRING SEMESTER: 17.02.2024 – 16.06.2024

Spring holidays: 27.03.2024 – 02.04.2024

Summer exam session: 17.06.2024 – 30.06.2024

Summer holidays: 01.07.2024 – 30.09.2024

End of the semester: **30.09.2024**

BREAK BETWEEN THE TERMS : 12.02.2024 – 16.02.2024

Electronic Student Card

- Access to bus, train and other student discounts
- Cost: 22 PLN
- Paid at the PKO Bank Polski (address: Rynek 40, Nysa) for details of the bank account please contact: ico@pans.nysa.pl
- The title of the Transfer: *Student Card Your name and Surname*
- Send the photo (pdf, jpg) for the student card to ico@pans.nysa.pl
- Send the photo or scan of payment confirmation to ico@pans.nysa.pl



Registration at the City Council

- All non-EU students need to register their stay in Nysa at the City Council within the week after arrival to Poland.
- To register you need to take with you: your passport , filled and stamped registration form (given by director of the dormitory).
- The schedule of the registration (time and day) will be sent to you by the International Cooperation Office. All changes in the schedule from
- your side need to be consulted with our office two days prior to the visit.
- The address of the City Council: Kolejowa 15, 48-300 Nysa
- The worker of our office will go with you to the City Council as a translator



University Library

- Address: ul. Chodowieckiego 4 (III floor, room 301) e-mail: bco@pans.nysa.pl
- Mon-Fr: 8.30 – 15.30 (break: 13.00 – 13.15)
- Go to the library with the student card to activate your account for the first time
- Access to: E-publications, online catalogues, online databases, digital libraries, e-journals.
- Access to the Bookomat: It enables readers, (especially during hours when the library is closed or during periods of pandemic), to pick up pre-booked books

Read more about the library: [Biblioteka PANS w Nysie](#)



University Buildings



Building A

Finance and Accounting
4 Chodowieckiego, Nysa



Building C

Engineering, Computer
Science
Obrońców Tobruku 5, Nysa



Building G

Architecture
Obrońców Tobruku 5, Nysa



Building F

English and German Philology
Obrońców Tobruku 5, Nysa



Building D

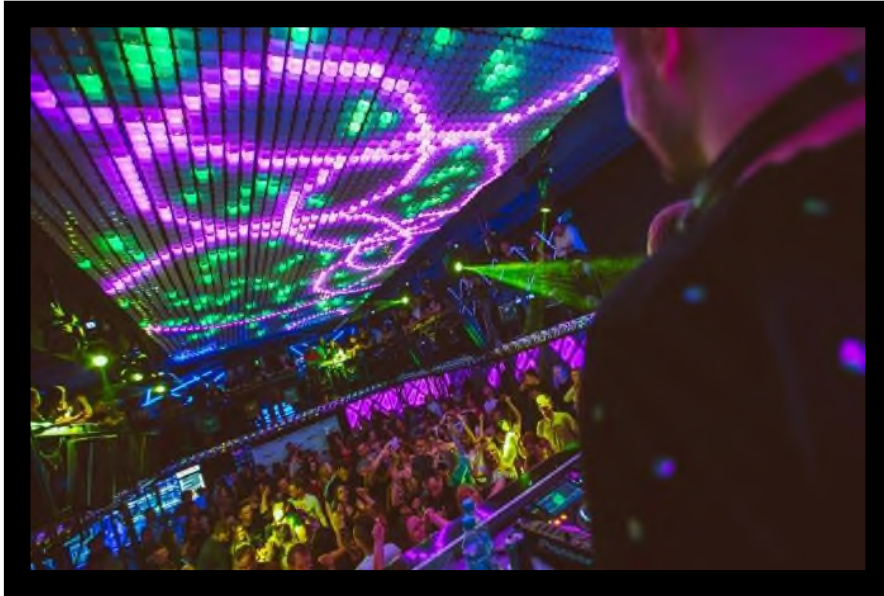
Dietetics, Nursing, Health
Studies
ul. Ujejskiego 12

Erasmus+ Coordinators

Faculty	Coordinator	E-mail
FINANCE AND ACCOUNTING	dr Joanna Szczepańska	joanna.szczepanska@pans.nysa.pl
NURSING	mgr Paweł Merkel	pawel.merkel@pans.nysa.pl
DIETETICS	prof. dr hab. inż. Joanna Wyka	joanna.wyka@pans.nysa.pl
COSMETOLOGY	dr n. farm. Magdalena Rogóż	magdalena.rogoz@pans.nysa.pl
ARCHITECTURE	dr inż. arch. Agata Pięt	agata.piet@pans.nysa.pl
COMPUTER SCIENCES	dr inż. Damian Raczynski	damian.raczynski@pans.nysa.pl
PRODUCTION MANAGEMENT AND ENGINEERING	dr inż. Piotr Chwastyk	piotr.chwastyk@pans.nysa.pl
ENGLISH PHILOLOGY (teaching)	dr Małgorzata Kamińska	malgorzata.kaminska@pans.nysa.pl
ENGLISH PHILOLOGY (translation)	dr Iwona Sikora	iwona.sikora@pans.nysa.pl
GERMAN PHILOLOGY	dr Monika Witt	monika.witt@pans.nysa.pl
ADMINISTRATION	dr Grzegorz Chmielewski	grzegorz.chmielewski@pans.nysa.pl
INTERNAL SECURITY	dr Adam Banaszkiewicz	adam.banaszkiewicz@pans.nysa.pl
EMERGENCY MEDICAL RESCUE	mgr Paweł Merkel	pawel.merkel@pans.nysa.pl
HUMAN PSYCHOPHYSICAL DEVELOPMENT	dr n. o zdr. Ewa Szura	ewa.szura@pans.nysa.pl

Nightlife & Entertainment in Nysa

❖ Clubs



Nitro Club Nysa

1 Mazowiecka, Nysa

- Tech house, electro house music
- One professional dance floor
- Two bars
- Parties on Saturdays and Fridays

opens at 10:00 pm



Aquarium Music Club

19 Piastowska (Bastion św. Jadwigi) Nysa

- First professional club in Nysa
- House, disco, RnB, latino music
- Two dance floors
- Parties on Fridays and Saturdays, sometimes during the week, opens at 9:00 pm

❖ Pubs and bars



Piwiarnia Warka Nysa

12 Prudnicka, Nysa

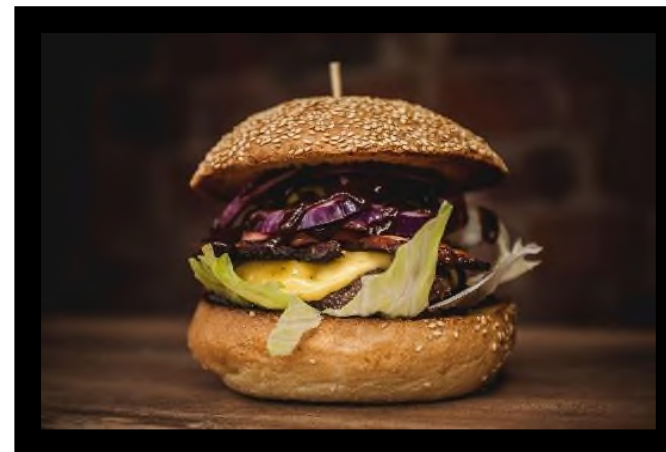
- Tasty beer, drinks, snacks, everyday dinners
- Group watching of football/volleyball matches
- Karaoke
- Occasional parties



Arsenał Centrum Rozrywki

2 Szlak Chrobrego, Nysa

- Tasty beer, drinks, snacks
- Students' Tuesdays- lower prices
- 4 bowling lanes
- Billiards, cyber guy
- Group watching of football matches



Just Burger, Nysa

2-4 Bracka, 48-300 Nysa

- All kinds of delicious burgers

❖ Restaurants



Kazamaty Pub & Restaurant

19 Piastowska (Bastion św. Jadwigi), Nysa

- delicious Polish, European menu
- Fully equipped bar
- Professional service
- Elegant interior
- Higher prices



Fratelli Sossi Nysa

19/1 Piastowska (Bastion św. Jadwigi)

- Tasty Italian food like: pizzas, macaroni, salads
- Reasonable prices
- Fully equipped bar and Great atmosphere
- Food delivery (phone: 730 225 599)
- Very popular



Naleśnikarnia Maska

Wyzwolenia 6. Nysa

- All kinds of delicious Pancakes



Polat Doner Kebab Antalya

Wrocławska 11, Nysa

- Delicious Turkish dishes
- Very popular



Pan Buła

26a Prudnicka, Nysa

- Street food restaurant: delicious burgers, Cuban sandwiches, Belgian fries, pizza
- Food delivery (phone: 507 166 267)
- Open everyday



McDonald's

Ractawicka 12, 48-300 Nysa

- We know what they serve 😊



Pizzeria Siwy Dym

Bielawska 5, 48-300 Nysa



Fanaberia Nysa

20 Wroclawska, Nysa

- Healthy food, high quality ingredients
- Fit Breakfasts, lunches, sandwiches, wraps, vegetable juices, muffins
- Open from Monday to Saturday

❖ Other Places



Shopping Centres:

GALERIA DEKADA: *Wolności 2; 48-300 Nysa*

VENDO PARK: *Marszałka Józefa Piłsudskiego 7, 48-303 Nysa*



Nysa Lake

- Beach
- Walking track



Traditional Polish dinners:

- Restauracja Pychotka (32 Rynek Street)
- Pierozki u Belfra (9 Daniela Chodowieckiego Street)
- Bar Pierozek Nysa (12 Emilii Gierczak Street)
- Pierozek (12 Racławicka Street)
- Czary Gary (9 Daniela Chodowieckiego Street)

Erasmus Students 2023

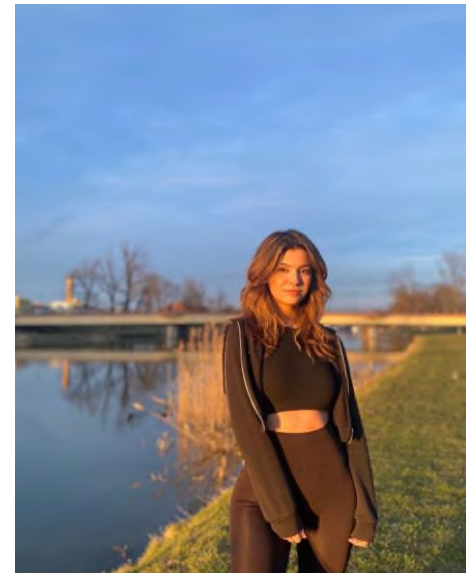


PAULA FLORES BUCIO, MEXICO CETYS University

I came to Nysa to do an internship in the international cooperation office and to study. I truly recommend the University of Applied Sciences for their high standards of teaching and learning. Since I arrived I have felt welcomed and appreciated. Everything has been amazing, the university facilities and students residence are very good. The office Staff is very dedicated, helpful and made me feel at home, they welcomed me in a manner which made me think that our safety and comfort is one of their biggest priority. Nysa is a wonderful, calm and magic. I made good friends, learned a lot personally and developed skills that I will need for my professional life. Don't think twice, do it!

ŞEYMA MALATYALI, TURKEY Burdur Mehmet Akif Ersoy Üniversitesi

I came to Poland for an Erasmus+ Program. I was very stressed at first, but that was until I met people here. I made so many kind and funny friends here thanks to this program. Also, the teachers, tutors and especially the Erasmus Office were very helpful and caring people. They helped with everything and you can be sure that they make you feel at home. Nysa is a very calm and beautiful city with it's green nature. I think everyone should come here and have the experiences I had. I can notice the change in myself. I developed myself here thanks to the experiences. Don't hesitate to do it, you won't regret!



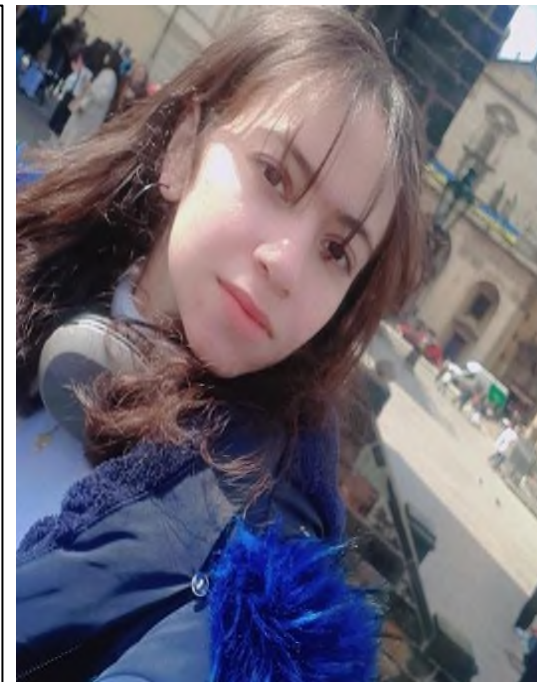


OLEKSANDRA TORAK, UKRAINE Ivan Franko National University of Lviv

From the moment I arrived, I was welcomed with open arms by the faculty, staff, and fellow students. Diverse community made my time here truly unforgettable. The quality of education I received at this university has surpassed all my expectations. The professors and lecturers demonstrated an exceptional level of expertise and were passionate about their subjects. Beyond the academic sphere, the university has provided a lot of extracurricular activities and amazing events. City Nysa charmed me with its coziness, beautiful architecture and a quiet peaceful river and lake. I am grateful for the opportunities and friendships that have enriched my life. I will never forget it!

HAFIDA DALAA, ALGERIA University of Belhadj Bouchaib Aintemouchent

I came to Poland on a scholarship. At first I was afraid, but when I arrived everything had changed. I met Erasmus Office workers who were amazing and kind. I'm so thankful for them for they helped us with everything. I developed myself because of my teachers here, without forgetting my Erasmus+ friends whom I spent an amazing time with. So for every student, don't be shy and enjoy every single moment. Finally, Nysa, I can't find words to describe its beauty and how generous its people are. You will never regret it if you choose to study in Nysa.





MURAD BAGHIROV, AZERBAIJAN Baku Business University

In student life, the opportunity to study with students of different nationalities and countries for a certain period of time is great. This time I chose Nysa for 6 months. The attention and respect of the teachers with us is very good, our trips and fun times with our classmates are great. The conditions at the university and in the student residence are excellent. And I was never wrong in my decision. I had many unforgettable memories and wonderful friendships in small, sweet, beautiful, quiet and safe Nysa.

SREE SHARAN, INDIA Hochschule Mittweida, Germany

If experiences were flowers, I could make a beautiful garland out of my experiences in Nysa. I came to Nysa with big expectations of meeting new people, learning new culture, travelling and much more and this university and its wonderful staffs and students helped me attain all my expectations in the best way they could. On the other hand, the academics stand out special with a very professional and amazing lecturers and professors. Not forgetting the Erasmus+ friends from different countries who gave me an opportunity to know more about their country and culture. If you are looking for a place with wonderful people, pleasant surroundings and beauty in its nature, Nysa is one of the best choices. You will not regret it! Instagram: sree_sharan_s





WAI PHYO LIN, THAILAND Mae Fah Luang University

I came to Nysa, Poland from Thailand, the land of smiles. First of all, I found out that many Polish people are friendly and most are ready to give you a hand if you need help. I came here myself without any accompanies but whenever I need help, I can ask someone in the street, I can guarantee that they will help you. Plus I love the weather and bright and green environments around here. I am studying in medical faculty and the facilities and the quality of teaching at the university of Applied Sciences in Nysa is very good.

JAIME SUBRÁ, SPAIN Universidad de Valladolid

I came to Nysa to do my final bachelor's project. Although I came in winter, the city was very beautiful. People here are very friendly and helpful. The international staff and professors are so kind and helpful and they really helped me to develop so many skills and improve in so many areas during my time in the University of Applied Sciences in Nysa. My experience in this city as an Erasmus+ student was amazing and I met people that I won't forget.



Hi! / Bye! – Cześć!
Good Morning – Dzień dobry
Good evening – Dobry wieczór
Good night – Dobranoc
How are you? – Jak się masz?
Everything's ok – Wszystko ok
What's your name? – Jak masz na imię?
Nice to meet you – Miło mi Cię poznać
I'm (Adam) – Jestem (Adam)
I'm a student – Jestem studentem/
Jestem studentką
Where are you from? – Skąd pochodzisz?
I'm from ... - Jestem z ...
I live in [...] – Mieszkam w [...]
I don't understand – Nie rozumiem
I don't speak Polish – Nie mówię po
polsku

See you! – Na razie!
Take care! – Trzymaj się!
Yes – Tak
No – Nie
Can I smoke here? – Czy tu można palić?
Beer / coffee / tea please –
Piwo / kawę / herbatę poproszę
Please/you're welcome – Proszę
Thank you – Dziękuję
Excuse me! – Przepraszam!
I beg your pardon? – Słucham?
What does that mean? – Co to znaczy?
I don't know – Nie wiem
I don't eat pork – Nie jem wieprzowiny
I'm a vegetarian - Jestem wegetarianinem
Jestem wegetarianką

You are very nice – Jesteś bardzo miły/
Jesteś bardzo miła
How much is it? – Ile to kosztuje?
How old are you? – Ile masz lat?
I'm [...] years old – Mam [...] lat
What do you like to do? – Co lubisz robić?
Can you help me? - Czy możesz mi pomóc?
Where is the ... ? – Gdzie jest ...?
Bathroom - Łazienka
Pharmacy – Apteka
Shop – Sklep
Toilet – Toaleta
International Cooperation Office – Biuro
Współpracy Międzynarodowej
Cinema - Kino
Hospital – Szpital
I need a doctor! – Potrzebuję lekarza!

Help! – Pomocy!
Good luck! - Powodzenia!
One ticket to the city centre, please –
Jeden bilet do centrum poproszę
I'm looking for ... - Szukam ...
Go straight! – Idź prosto!
Turn left! – Skręć w lewo!
Turn right! – Skręć w prawo!
To pay with cash/a card – Płacić
gotówką/kartą
Open – Otwarte
Closed - Zamknięte
Attention! – Uwaga!
What's the field of your studies? –
Jaki jest twój kierunek studiów?
What's this? – Co to jest?

Useful Polish Expressions

Cheers! - Na zdrowie!
Bon Appetit – Smacznego!
Very tasty! – Bardzo smaczne!
I like you – Lubię cię
I love you – Kocham cię

Who's this? – Kto to jest?
To jest ... - This is ...
Greetings from Nysa – Pozdrowienia
z Nysy



University of Applied Sciences in Nysa

Państwowa Akademia Nauk Stosowanych w Nysie

Erasmus+ID Code PL NYSA01

PIC 949201261

ul. Armii Krajowej 7, 48-300 Nysa, Poland

www.uas.nysa.pl

Telephone +48 77 409 1687 ; +48 77 409 1686

mail bwm@pans.nysa.pl, ico@pans.nysa.pl, international@pans.nysa.pl

www.facebook.com/bwm.nysa