



OXYGEN THERAPY WORKSHOP SCHEDULE PLANNING



SECTION I: WHAT ABOUT?... - THEORY

WEDNESDAY 03/04/2024 (10:00-13:00h)

ONLINE SESSION 1- READY TO START! (60 min)

Platform: Google Meet – Modality: Synchronous

- BIP's Official Presentation
- General Chat to meet each other and all the participants
- Meeting a bit more each other through *Icebreaker* technique
- Checking attendance of all the participants

ONLINE SESSION 2-OXYGEN THERAPY I (90 min)

Platform: Google Meet – Modality: Synchronous/Recorded

- Introduction to Oxygen Therapy
- Basic Concepts
- Indications
- General Discussion / Resolution of Doubts

THURSDAY 04/04/2024 (10:00-11:30h)

ONLINE SESSION 3-OXYGEN THERAPY II (90 min)

Platform: Google Meet – Modality: Synchronous/Recorded

- Materials
- Oxygen Delivery Systems
- General Discussion / Resolution of Doubts

FRIDAY 05/04/2024 (10:00-12:30h)

ONLINE SESSION 4-OXYGEN THERAPY III (90 min)

Platform: Google Meet – Modality: Synchronous/Recorded

- Oxygen Therapy Administration Procedure
- Practical Considerations by Device
- Precautions
- General Discussion – Resolution of Doubts

ONLINE SESSION 5-HOW MUCH HAVE WE LEARNED? (30 min)

Platform: Google Meet – Modality: Synchronous

- General Information about the Evaluation System
- General Resolution of Doubts
- General Discussion about the importance of Oxygen Therapy



EVALUATION METHODOLOGY

Test of Theoretical Content (Multiple choice format) – Google Forms
Report of Autoreflexion – Word format sent by Email adress

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OXYGEN THERAPY WORKSHOP SCHEDULE PLANNING

SECTION II: HOW TO WORK?... – PRACTICE

MONDAY (MORNING) 22/04/2024 – 09:00-14:00h

1. WORKSHOP SESSION 1- GROUP 1 & 2 (90 min) (Simultaneous)

Location: Demo Classroom (UPSA-Salus Madrid)

- Workshop on active participation in the use of different oxygen therapy devices
- Suggested situations to choose the most suitable oxygen therapy advice
- Game: Which is the fastest group to set up the oxygen therapy circuit correctly?

2. WORKSHOP SESSION 2- GROUP 3 & 4 (90 min) (Simultaneous)

Location: Demo Classroom (UPSA-Salus Madrid)

- Workshop on active participation in the use of different oxygen therapy devices
- Suggested situations to choose the most suitable oxygen therapy advice
- Game: Which is the fastest group to fit a patient nasal goggles?

3. WORKSHOP SESSION 3- GROUP 5 & 6 (90 min) (Simultaneous)

Location: Demo Classroom (UPSA-Salus Madrid)

- Workshop on active participation in the use of different oxygen therapy devices
- Suggested situations to choose the most suitable oxygen therapy advice
- Game: Which is the fastest group to fit a patient Venturi mask?

MONDAY (AFTERNOON) 22/04/2024 – 16:00-20:00h

1. SIMULATION SESSION 1- GROUP 1 & 2 (90 min) (Mixed)

Location: Simulation Room (UPSA-Salus Madrid)

- Simulation of Clinical Case A (patient that requires Oxygen Therapy)
- Learning Methodology: Prebriefing, briefing and debriefing
- Role-playing, acting and development of the technique

2. WORKSHOP SESSION 2- GROUP 3 & 4 (90 min) (Mixed)

Location: Demo Classroom (UPSA-Salus Madrid)

- Simulation of Clinical Case B (patient that requires Oxygen Therapy)
- Learning Methodology: Prebriefing, briefing and debriefing
- Role-playing, acting and development of the technique

3. WORKSHOP SESSION 3- GROUP 5 & 6 (90 min) (Mixed)

Location: Demo Classroom (UPSA-Salus Madrid)

- Simulation of Clinical Case B (patient that requires Oxygen Therapy)
- Learning Methodology: Prebriefing, briefing and debriefing
- Role-playing, acting and development of the technique



TIME OFF TO REST

Intervals of 15 min between sessions / Free time for lunch near the Campus

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OXYGEN THERAPY WORKSHOP SCHEDULE PLANNING

SECTION II: HOW TO WORK?... – PRACTICE

WEDNESDAY (MORNING) 24/04/2024 – 09:00-13:30h

1. MEETING OXYGEN THERAPY IN A REAL HOSPITAL

Location: Hospital Universitario de Móstoles (Madrid)

- Official Reception by Nursing Management Department (Assembly Hall) (30min)
- Session 'I'm really proud to work in my hospital' (Classroom) (60 min)
- Tour 'I will show you my hospital' (Visiting the main units that use oxygen therapy devices)



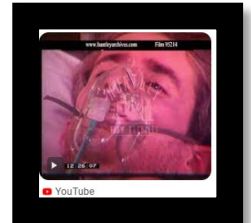
WEDNESDAY (AFTERNOON) 24/04/2024 – 16:00-19:30h

1. SESSION 'PERSPECTIVE 1'- ALL GROUPS (90 min)

"OXYGEN THERAPY ACROSS THE CINEMA"

Location: Classroom (UPSA-Salus Madrid)

- Showing 7 examples of scenes from movies that reflect oxygen therapy
- Contest: Division by teams (A, B, C)
Each team will search a scene at web. They will select the most representative scene from cinema. After this, each team will show the scene across a link at YouTube (projector).
- Vote: And the winner team is... (Bronze, Silver and Gold prizes)



2. SESSION 'PERSPECTIVE 2'- ALL GROUPS (90 min)

**"OXYGEN THERAPY ACROSS THE HISTORY.
FROM PAST TO PRESENT"**

Location: Classroom (UPSA-Salus Madrid)

- Showing 7 significant devices or tools of Oxygen Therapy from history.
- Contest: Division by teams (A, B, C)
Each team will search a tool/device at web. They will select the most curious or vanguardist. After this, each team will show the team across a link with a picture (Pinterest, History link pages, etc).
- Vote: And the winner team is... (Bronze, Silver and Gold prizes)

EVALUATION METHODOLOGY

*Performance and Compliance Assessment – Individual Teacher's Report
Evaluation Report: Objective (Check-list) and Subjective (Brief general comment)*

TIME OFF TO REST

Interval of 30 min between afternoon sessions / Free time for lunch, near the Campus after visiting the Hospital (Madrid, near the Campus)

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SECTION III: ENJOY MEANWHILE! – CULTURAL

TUESDAY 23/04/2024 – 09:00-16:00h

1. LET'S TAKE A BREATH (SURROUNDINGS OF MADRID)

Location: San Lorenzo del Escorial – ALL PARTICIPANTS

Private Tour around San Lorenzo del Escorial (300 min)

- **The Highlights:** Royal Monastery of San Lorenzo del Escorial (Madrid)
Palace of Felipe II
Palace of Bourbons (s. XVIII)
Historical Library in Monastery/The Crypt
Room of Battles (Sala de las Batallas)
Basilica (by the famous architect Juan de Herrera)
Walk tour through the old town
(highlighted the Royal Coliseum of Carlos II)

Typical Lunch: Typical restaurant composed by a menú based with the most delicious gastronomy from the north of Madrid.

- **Returning Back** to Accommodation and Rest

THURSDAY 25/04/2024 – 09:00-21:00h

2. IN THE HEART OF THE TOWN (CENTRE OF MADRID)

Location: Madrid (Main places) – ALL PARTICIPANTS

City Tour visiting the main places of the capital (300 min)

- **Morning:**
 - Visiting Museums (to choose 2 from 3) (150 min)
 - *Museo del Prado
 - *Centro de Arte Contemporáneo Reina Sofía
 - *Museo Thyssen-Bornemisza
 - Free Guided Tour in Madrid (120 min)
 - *Puerta del Sol/Plaza Mayor/Plaza de Oriente
 - *San Miguel Market
 - Typical lunch in a restaurant at the centre of Madrid
 - Free time to go shopping until arriving at meeting point
- **Afternoon:** Concert at National Music Auditorium of Madrid (90 min)
19:30h Classical Concert played by ORCAM
(Orquesta y Coro de la Comunidad de Madrid)
- **Returning Back** to Accommodation and Rest

TRANSPORTATION

Private bus for the cultural activities and visit to the hospital.

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SECTION IV: LET'S WRAP ALL UP – RECAPITULATION

FRIDAY 26/04/2024 – 10:00-13:00h

1. SESSION 1 'HOW MUCH HAVE I LEARNED?'

ALL GROUPS (60 min)

"OBJECTIVE EVALUATION"

Location: Classroom (UPSA-Salus Madrid)

- Second Test of Theoretical Contest (Multiple choice format) (Paper Format)
New test to evaluate the learning progress and the results compared to the beginning.
- General Discussion:
Positive Feed-back about the learning about the experience



2. SESSION 2 'HOW MUCH HAVE I ENJOYED?'

ALL GROUPS (60 min)

"SELF-REFLECTIVE EVALUATION"

Location: Classroom (UPSA-Salus Madrid)

- Self-reflective exercise
New exercise to make a little diary with their most important points about the experience (5 best moments in BIP Oxygen Therapy Workshop)
- General Discussion:
Exposing the best moments in these days by each other
Teacher's Report of the emerging issues for the future



3. SESSION 3 'NICE TO MEET YOU! SEE YOU SOON! '

ALL GROUPS (30 min)

"OFFICIAL FAREWELL"

Location: Classroom (UPSA-Salus Madrid)

- General Discussion
Free conversation about the experience and letting them express about the BIP
- Key Question: Would you like to repeat the experience?
Global opinions about the best points of the BIP



TIME OFF TO REST

***Interval of 15 min between sessions / Free Time for joint lunch / Official farewell
(with accompaniment)***

INFORMATION ABOUT ACCOMMODATION IN MADRID

Recommendations where to look for affordable accommodation close to the city centre and Salus Campus:

Hostelworld, AirBnB, UniRESI, ...

Hostel recommendations:

- [The Hat Madrid](#) (Calle Imperial 9)
- [2060 The Newton Hostel](#) (Calle de la Cabeza 11)
- [Petit Hostel Palacio Real](#) (Calle Ilustración 4)
- [Toc Hostel Madrid](#) (Plaza del Celenque)
- [Mola Hostel](#) (Calle Atocha 16)

CONTACT

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